



The Rich History of Naturopathic Medicine

Natural medicine is one of the oldest forms of healing and has a rich history.



400 BC

Hippocrates establish the philosophical roots of naturopathy at a vitalistic school of medicine in Ancient Greece.

1493



Paracelsus, practitioner and investigator of natural sciences, hermeticism, and alchemy, is born. Advocates theories like: disease due to toxins, explains disease as chemical process, root influence of homeopathy.



1624 - 1689

Thomas Sydenham's practice focuses on identifying the cause of disease and the body's natural healing ability.

1810



Samuel Hahnemann publishes "The Organon of Rational Medical Science," founds discipline of homeopathic medicine. The Organon becomes central influence in naturopathic theory, influencing Lindlahr, Spittler and others.



1821

Sebastian Kneipp (d. 1897) promotes hydrotherapy and healthy holistic lifestyle, becomes link between European nature cure and American naturopathy.

1844



The American Institute of Homeopathy is established and becomes America's first national medical society.



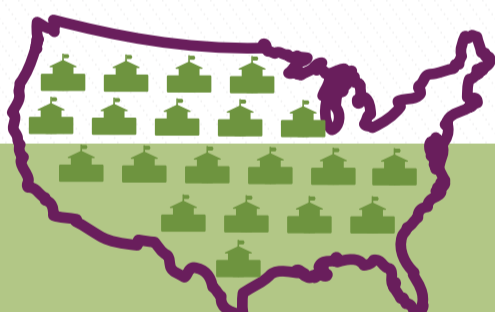
1852

Russell Trall establishes New York Hygieo-Therapeutic College, the 1st school of natural healing arts with a 4-year curriculum.

Late 1800s



Benedict and Louisa Lust become the "Founding Father" and "Matriarch" of naturopathy and open the American School of Naturopathy.



1920

More than 20 naturopathic schools are open in the United States.

1956



National College of Naturopathic Medicine (NCNM) is founded.



1978

John Bastyr College of Naturopathic Medicine is founded and the Council of Naturopathic Medical Education (CNME), the Federation of Naturopathic Boards, and the Federation of Naturopathic Colleges are formed.

1985



The current American Association of Naturopathic Physicians (AANP) is founded.



1986

Naturopathic Physicians Licensing Exams (NPLEX) is founded.

The Textbook of Natural Medicine is published by Dr. Joe Pizzorno, the first new naturopathic textbook since the mid-1940s.



To find out more about how the time tested practice of natural medicine can help you heal, **contact us at Heart Spring Health today.**



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